

Duties	Sunday Morning	Sunday Evening
Opening Prayer	Cameron	Paul
Song Leader	Paul	Oxley
Lord's Table	Oxley	Jason
Lord's Table	Jim Womack, Gary Nichols	
Speaker	Jim Whidden	Matthew
Announcements	Jason	Jason
Closing Prayer	Matthew	Harold

Family Notes



- September's Preaching Theme: ***The Glory of God***
- **Letha's sister** passed away last week. Prayers for her many recent losses.
- Continued prayers regarding **Caleb Heard** as he and the elders consider the possibility of him working with our congregation.
- **Jim and Stacia** are caring for her father in Texas.
- Both **Chuck and Oxley** have upcoming joint surgeries in the next couple of months.

Continue to keep in prayer:

- **Kie Hong** (Myanmar Preacher)
- **David Burks** (Stacia's father)
- **Vicki** (health problems)
- **Gary** (severe pain)
- **Lewis Bishop** (cancer)
- **JoAnn** (lungs)
- **Craig** (Leslie's brother)

- **Jake & Levi** (military)
- **Dender Sotelo** (kidney failure)
- **Ed Flory** (health issues)
- **Vanda Howlett** (health)
- **Destiny** (health)

Prayers & Announcements

Mailing Address:

“I was sick and you visited me . . .”

It Will Feel Better When It Quits Hurting

Pain gets your attention. Slam your finger in a car door and you'll notice it. Come down with the flu, and you'll notice that for awhile. Endure cancer treatment, shingles, back and joint pain, a heart attack, a stroke, a kidney stone or neuropathy and your attention will be probably be focused on pain for a long period of time, but not forever. The same point can be made about emotional pain. The source of the pain might be anything from a minor disagreement with a co-worker to the loss of a loved one. It hurts. It may hurt a long time. But it won't hurt forever.

When my children were little and would whine over minor scrapes, I would try to give them whatever first aid was necessary, and then I would usually say, "It will feel better when it quits hurting." I suppose some might consider that a bit callous, but I was trying to teach my kids not to overly dwell on temporary pain. And all pain in this life is temporary. Now is not forever. I've often needed a reminder of that myself.

Everyone experiences pain and heartache. It cannot be avoided. So the question is not how to avoid pain, but how to deal with it when you experience it.

One of the most effective ways to deal with pain is simply to realize that it can be endured because it is temporary. A better and more blessed experience awaits us on the other side of pain,

August 30, 2026

Mesa Valley Church of Christ

Meeting Times

Sunday

Bible Classes 9:30 AM

Morning Worship 10:30 AM

Evening Worship 4:00 PM

Wednesday

Bible Classes 7:00 PM

How To Contact Us

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